
WILD NATURE RETREAT:

AN EARTH-BASED INTENSIVE FOR BODY AND SOUL
GUIDE: AMANDA ZABEL, M.A.ED

MAY 31 - JUNE 3, 2018

THURSDAY, 5PM
TO SUNDAY, 1PM

BEND OF IVY LODGE
MARSHALL, NC
WWW.BENDOFIVYLODGE.COM

HEALING + DREAMING +
CEREMONY + MOVEMENT +
MUSIC + POETRY + NATURE
= TRANSFORMATION



A WILD NATURE RETREAT:

A very deep, powerful and personal encounter with Nature, Soul and Mystery. When the soul is crying out to awaken and to come home to its deepest truth, it can be deeply nourishing to retreat and drop into the sanctuaries of the heart, community, and the rich landscape of the earth.

- Personal soul tasks, designed for your transformation
- Ceremony, meditation/prayer, art, music and movement
- Silence and solitude and storytelling
- Intimate and deep contact with the landscape
- Fresh, organic and local meals provided by our personal gourmet cook
- Double occupancy accommodations in beautiful retreat lodge

Registration details First-come, first served. Space is very limited.

Cost: \$725 (inclusive).

Non-refundable deposit of \$375 (or pay in full).

Mail or bring check to Amanda Zabel, 2422 Reynolda Rd., Winston-Salem, NC 27106

PayPal option: [paypal.me/AmandaZabel.com](https://www.paypal.me/AmandaZabel.com) (please add 3% to your total)

Balance of \$350 due two weeks before retreat begins.

FOR MORE INFORMATION: DEBEDDS@ICLOUD.COM (DEBRA EDDS, REGISTRAR)
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